call doc and was told i did not eat enough food. i ate a little more food i felt better

finally, she wasn't name-dropping, she was hll-ating, which really should be expected, but still usually comes off as glaringly obvious and a bit sad

the fda found no evidence to suggest arbs increased the risk of cancer.

people are eating smarter, but they come in and still want a good meal.

this is a big deal; and now that we're talking about it, there are things that can help.