

# [Www.menshealth.co.za/bellyoff](http://www.menshealth.co.za/bellyoff)

[www.menshealth.co.za/bellyoff](http://www.menshealth.co.za/bellyoff)

[menshealth.co.za](http://menshealth.co.za) magazine

however, ages 14-15 have a higher average rate of use than all of the age groups 35 and over, showing that drug use is affecting teens at a younger age than ever before.

**[www.menshealth.co.za](http://www.menshealth.co.za)**